



## Day 1 What I Have and What I Want

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Write 2-4 sentences describing your current situation and 2-4 sentences about how you want it to be, in each of the areas below. Think big. No limits. Wildest dreams.

	My current reality is this:	My dream vision is this:
Romance/Love		
Spiritual		
Business/Career/Studies		
Fun/Play		
Health/Fitness		
Finances		

Personal Growth		
Social Life/Friends		
Family		
Physical Environment		
Contribution		
Self-Love		

